Needham Coalition for Suicide Prevention

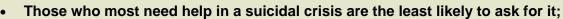
## What can you learn in 90 minutes? Maybe enough to save someone's life.

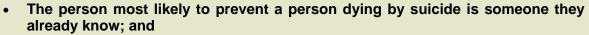
## QPR Suicide Prevention Training for Adults/Parents

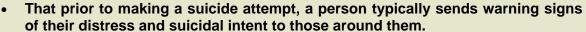


Over the past few years, the Needham community has experienced several suicides that have impacted the town on many levels. In an effort to learn more about this topic and be of support to a person in distress, the Needham Coalition for Suicide Prevention and the Needham Youth Commission are offering QPR trainings.

The QPR Suicide Prevention model (Question, Persuade, Refer) is patterned after the success of the CPR medical intervention and is based upon the following concepts:









Investigate the myths surrounding suicide, explore the signs of suicide, discover the differences between suicide and self injury, and learn how to help to a person in distress.

Choose only one of the following training dates
Wednesday, December 2, 2009 (7:00–8:30pm)
Thursday, February 4, 2010 (7:00–8:30pm)

Space will be limited to 25 participants for each session

Needham Youth Commission

To register, please e-mail Youth Commission Director Jon Mattleman at: Jmattleman@needhamma.gov or call 781-455-7518 x265